

SEE FIRST

PRESS RELEASE • JULY 2021

SEE FIRST is a 2-year Erasmus+ project that aims to provide methods and tools to foster the employability of young individuals through enhancing their soft skills (i.e., communication, creative thinking, work ethic, teamwork, and more).

The project targets recent high school graduates, undergraduates of post-secondary education, and vulnerable young individuals- unemployed, disadvantaged, migrants- as well as recent young employees, who want to upskill their competences aiming for an upgrade or a new job offer!

In order to support the project participants, the partners have produced training material that will be integrated into a personalised digital tool.

The training material is in the form of hands-on activities, '**Goal Cards**', that the participants can do on their own or in a group.

The Goal Cards are divided into three skill categories (Communication, Teamwork, and Problem Solving) and into 9 soft skills.

More specifically:

- **Communication**
 - Verbal Communication
 - Active Listening
 - Negotiation
- **Teamwork**
 - Collaboration
 - Reliability
 - Respectfulness
- **Problem Solving**
 - Decision Making
 - Logical Thinking
 - Attention to Detail

All the training content will be available in the following months through the personalised training tool, the **Transversal Skills Genie**.

Additionally, in the past few months, the partners have organized a **training workshop** for participants in Greece and Cyprus. During the workshop, AKNOW and EMPHASYS organised activities on communication, decision making and conflict management.

More events will take place soon!

For keeping up to date with our next steps please visit our [webpage](#) and follow us on [Facebook](#) and [LinkedIn](#).



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Co-funded by the
Erasmus+ Programme
of the European Union

This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. "Seeking first job equipped with proper soft skills" project number: 2019-3-EL02-KA205-005437

